



*The Health Impact of Loneliness:  
Emerging Evidence and Interventions*

Draft Webinar Agenda  
October 15, 2018

1:00 p.m. - 2:15 p.m. EDT  
12:00 p.m. - 1:15 p.m. CDT  
11:00 a.m. - 12:15 p.m. MDT  
10:00 a.m. - 11:15 a.m. PDT

- 1:00-1:05**     **Welcome**
- *Kathryn Santoro, Director of Programming, NIHCM Foundation*
- 1:05-1:25**     **Emerging Models to Address Social Isolation and Loneliness**
- *Donald M. Berwick, MD, MPP, President Emeritus and Senior Fellow, Institute for Healthcare Improvement; Former Administrator, Centers for Medicare and Medicaid Services*
- 1:25-1:40**     **The Potential Public Health Relevance of Social Isolation and Loneliness**
- *Julianne Holt-Lunstad, PhD, Professor of Psychology and Neuroscience at Brigham Young University*
- 1:40-1:55**     **CareMore's Togetherness Program**
- *Robin Caruso, LCSW, Chief Togetherness Officer, CareMore Health*
- 1:55-2:15**     **Audience Questions & Answers**