

Philanthropy Addressing ACEs in Michigan

Children Under Stress: Preventing ACEs and Supporting Childhood Well-Being
August 23, 2022

Audrey J. Harvey, MPH, CPH
Executive Director & CEO
Blue Cross Blue Shield of Michigan
Foundation

Myra M. Tetteh, MPP, Ph.D.
Senior Program Officer
Blue Cross Blue Shield of Michigan
Foundation

Letitia Williams
Program Director
Friends of Children-Detroit

Leon El-Alamin
Founder & Executive Director
M.A.D.E. Institute

Rodlescia S. Sneed, MPH, Ph.D.
Assistant Professor
Wayne State University

Blue Cross Blue Shield of Michigan Commitment to Health

Adverse Childhood Experiences (ACEs) in Michigan Youth



- Since 1980 the BCBSM Foundation has focused on key public health issues in the State of Michigan investing over \$1.5 million each year through six grant programs. Today we are proud to share details regarding our work addressing Adverse Childhood Experiences (ACEs). For more information go to www.bcbsm.com/foundation.
- Michigan ranks 20th nationwide in the percentage of youth reporting 2+ ACEs
- Six out of ten Michigan youth under 18 years old reported having at least one ACE
 - 15% experienced 4+ ACEs
 - 22% experienced 2-3 ACEs
 - 26% experienced 1 ACE
- Health risks Michigan youth report:
 - 72% of youth with 4+ ACEs reported **feeling sad/hopeless** compared to 17% of youth with no ACEs
 - 46% of youth with 4+ ACEs have **considered suicide** and 21% of youth with 4+ ACEs have **attempted suicide**
 - 63% of youth with 4+ ACEs reported **no condom use during intercourse** compared to 39% with fewer than 4 ACEs
 - 44% of youth with 4+ ACEs reported **alcohol use** and 44% of youth with 4+ ACEs reported **marijuana use**
 - 43% of youth with 4+ ACEs reported **vaping**

BCBSM Foundation Programs Addressing ACEs

- Since 2020, we awarded 25 grants addressing ACEs and its detrimental outcomes. Three notable programs:
 - [TRAILS \(Transforming Research into Action to Improve the Lives of Students\)](#), training schools in mental health interventions, received \$50M in state appropriations
 - [Washtenaw Area Council for Children](#), teaching children 3-7 years old about body agency
 - [Ruth Ellis Center, Inc.](#), assisting LGBTQ+ youth that are housing insecure



Today, you'll hear from two of the peak innovative programs we funded:

- Community-University Partnership
 - Unique combination of research and on-the-ground knowledge of the community to examine feasibility.
 - [M.A.D.E. Institute](#) and [Wayne State University](#)
- Nationwide program
 - Replication of an existing program demonstrates success in multiple communities (race/ethnicity, rural, urban, suburban).
 - [Friends of Children - Detroit](#)

