The Connection Between Nutrition and Health:
Food as Medicine Strategies

DRAFT
Webinar Agenda
November 17, 2026

2 pm – 3 pm ET
1 pm – 2 pm CT
12 pm – 1 pm MT
11 am – 12 pm PT

2:00 – 2:05 Welcome

- *Cait Ellis, MPA, Vice President, NIHCM Foundation*

2:05 – 2:20 Nutrition and Health

- *Dariush Mozaffarian, MD, DrPH, MPH, Director, Tufts University Food is Medicine Institute*

2:20 – 2:35 Food Insecurity in the United States

- *Melanie Hall, MS, RDN, Chief Health, Resource and Evaluation Officer, Feeding America*

2:35 – 2:50 Elevance Health's Approach to Food as Medicine

- *Kofi Essel, MD, MPH, FAAP, Food As Medicine Program Director, Elevance Health*

2:50 – 3:00 Questions & Answers