Helping Children Thrive:
Strategies to Support Children's Mental Health

Webinar Agenda
December 3, 2024

12 p.m. - 1 p.m. ET
11 a.m. – 12 p.m. CT
10 a.m. – 11 a.m. MT
9 a.m. – 10 a.m. PT

1:00-1:05 **Welcome**
- *Sheree Crute, MA, Director of Communications, NIHCM Foundation*

1:05-1:20 **Youth Mental Health: The Challenge and What NAMI Can Do to Help**
- *Ken Duckworth, MD, Chief Medical Officer, National Alliance on Mental Illness*

1:05-1:20 **Advancing Children's Mental Health Services Through Integrated Care Models and Implementation Science**
- *Courtney Benjamin Wolk, PhD, Associate Profesor, Psychiatry, Perelman School of Medicine, University of Pennsylvania*

1:05-1:20 **Treating Youth Mental Health with Sustainable Solutions**
- *Ellyn Saren, LCSW, Vice President of Behavioral Health, Blue Cross and Blue Shield of North Carolina*

1:50-2:00 **Questions & Answers**