

New Mexico Title X Grantee's Perspective on Strengthening Family Planning Programs

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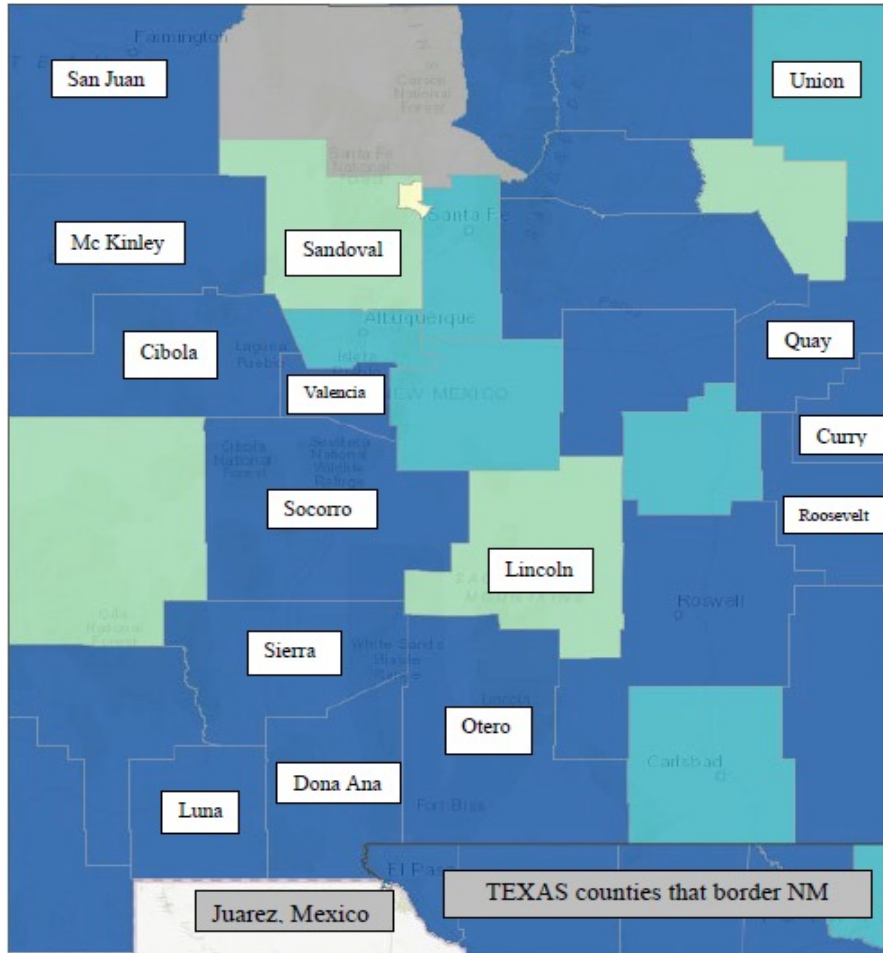
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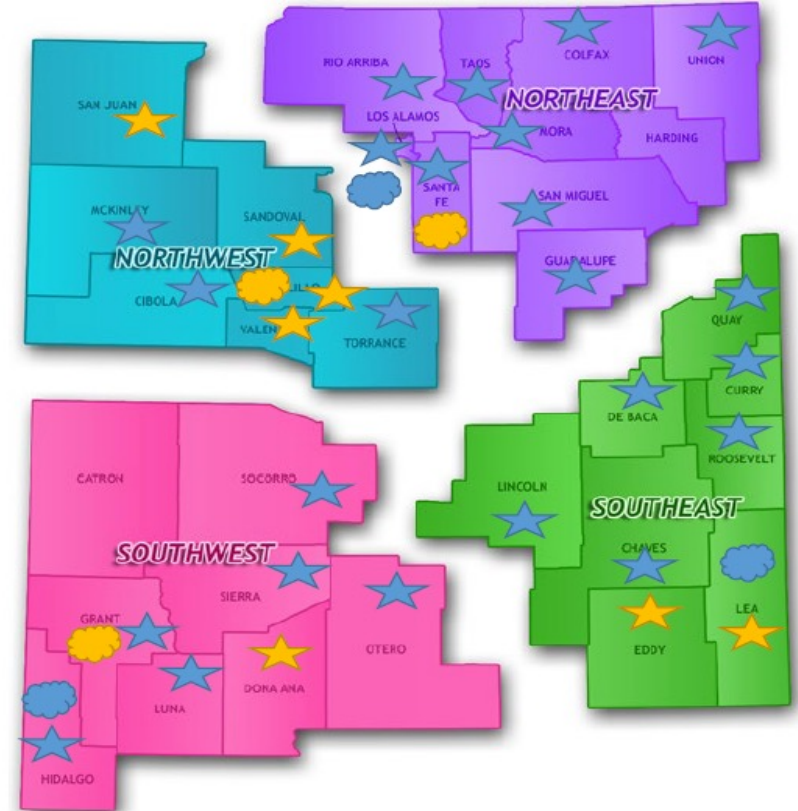


2022 New Mexico Title X Need Assessment

CDC's Social Vulnerability Index (SVI) Map, 2018



Title X Services Clinic Coverage Map, 2022



KEY:	
★	Title X Service Site – Public Health Office (one per county)
★	Title X Service Site – Public Health Office (multiple per county)
●	Title X Service Site – Provider Agreement/Contractor Site (one per county)
●	Title X Service Site – Provider Agreement/Contractor Site (multiple per county)

NM DOH Family Planning Program (NM DOH FPP)

Title X Program Goals:

- Reduce unintended teen births
- Reduce unintended pregnancy
- Reduce chlamydial sexually transmitted infections that may cause infertility

Clinical Services:

- Reproductive health services
- Contraceptive counseling/management
- Shared decision-making
- Lab testing

Educational Programming:

- Youth development
- Community education & outreach

NM DOH FPP Recommended Strategies

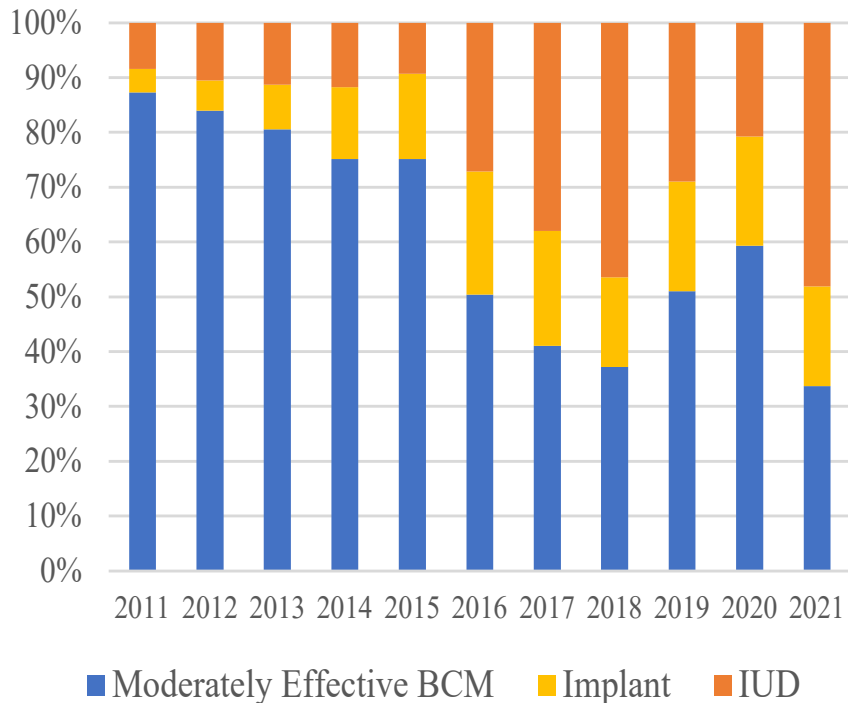
- Family planning clinical services: access to
 - Confidential services at low- or no-cost
 - Most and moderately effective contraceptive methods
 - Same-day access for moderately effective methods and emergency contraceptive pills
 - Telehealth family planning services
- Service learning and positive youth development programs: *Teen Outreach Program, Teen Connection Project*
- Comprehensive sex education
- Adult-teen communication programs:

From Playground to Prom

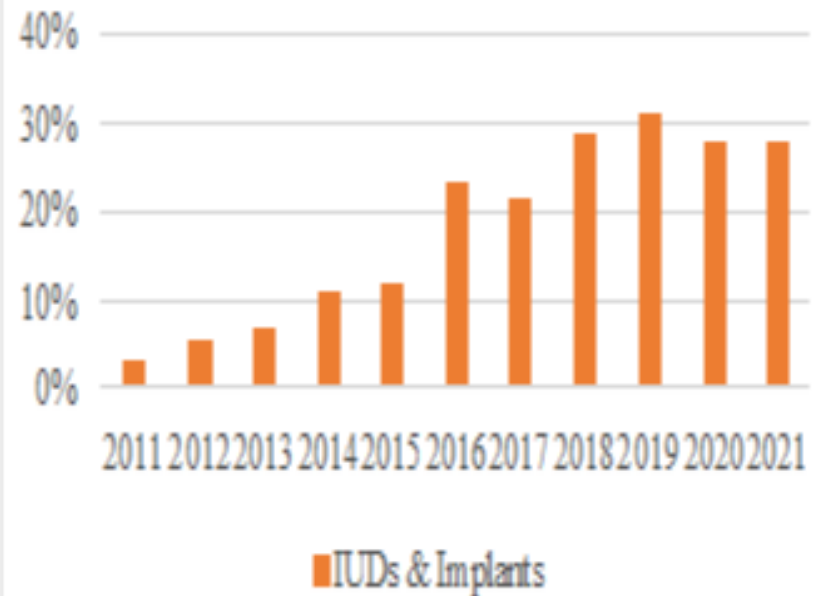
Investing for tomorrow, delivering today.

NM DOH Title X Public Health Offices

Methods Used by Female Clients of All Ages at PHOs



Teen Use of IUDs & Implants in PHOs



New Mexico IPP LARC Initiative

PROVISION OF LONG ACTING REVERSIBLE CONTRACEPTION (LARC) AT TIME OF AN INPATIENT DELIVERY STAY: A COLLABORATIVE EFFORT IN NEW MEXICO

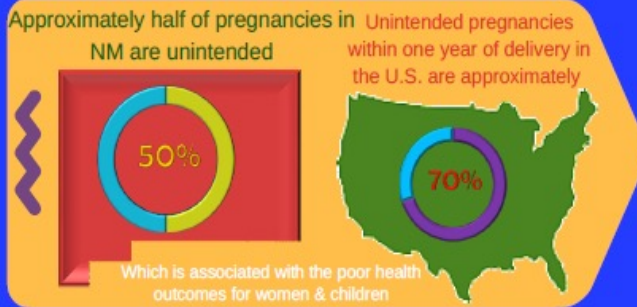
Wanicha Burapa¹, April Neri¹, Lorraine Hyde², Erica Archuleta², Abigail Rees³ and Eve Espey³

¹ New Mexico Department of Health, Family Planning Program

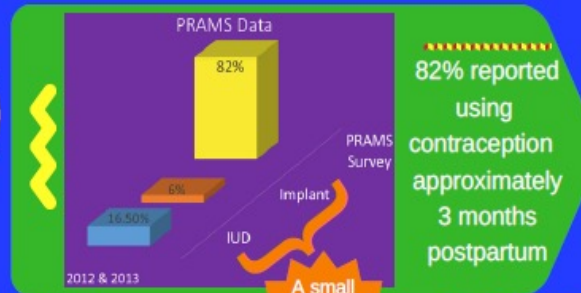
² New Mexico Human Services Department, Medical Assistance Division

³ University of New Mexico (UNM), Department of Obstetrics & Gynecology

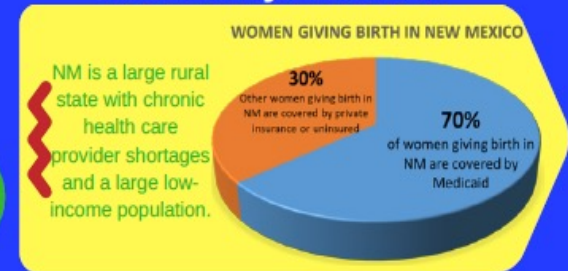
Unintended pregnancies are common



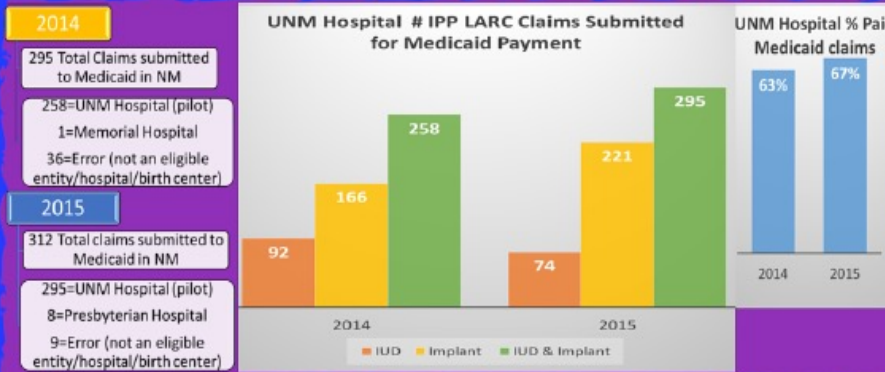
NM postpartum PRAMS data



Percentage of births covered by Medicaid



In 2013, a Medicaid Supplemental Memo covering immediate postpartum (IPP) LARC was issued.



A small percentage use most effective method

Promising!

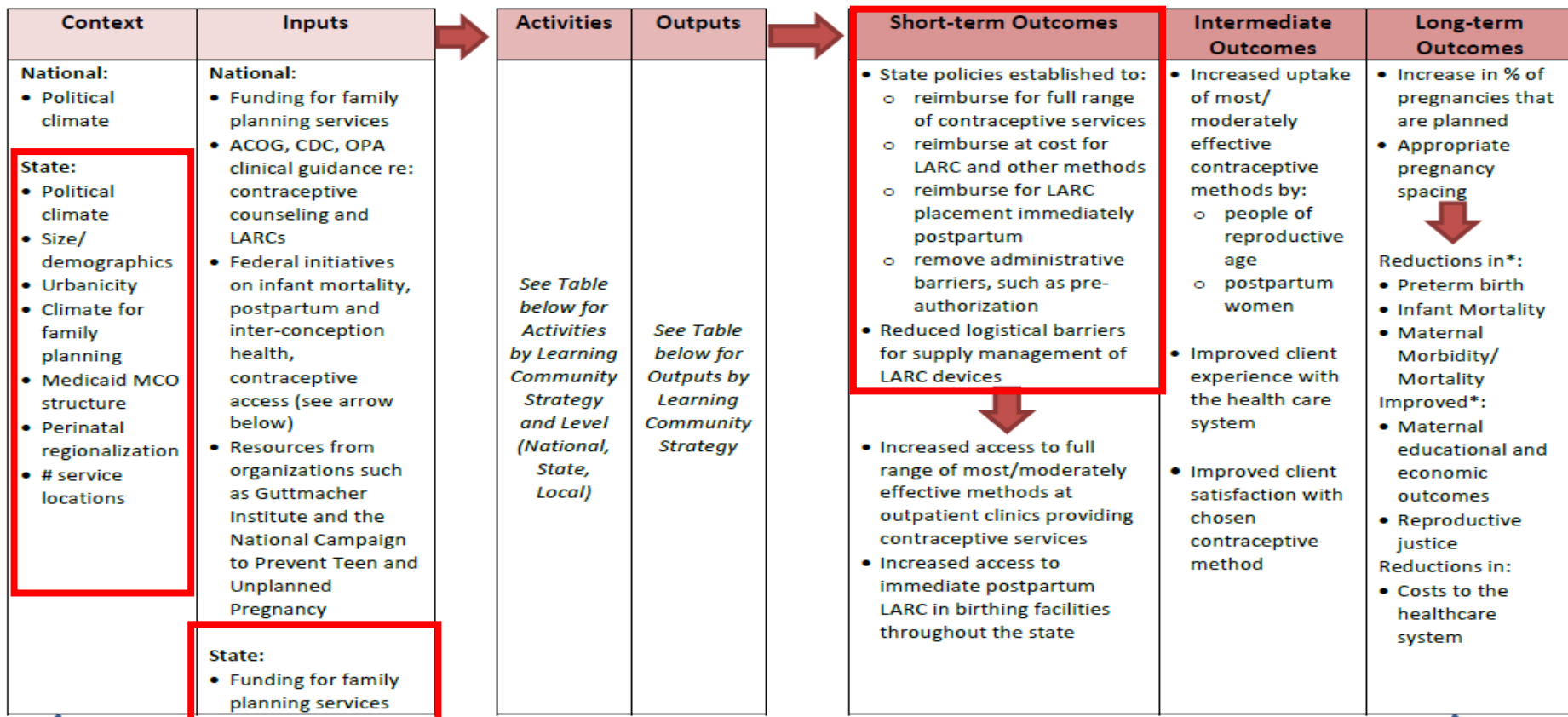
Where are we headed?

Translate Experience



Logic Model

of National, State and Local Activities to Promote Increased Access to Contraception



CMCS Maternal and Infant Health Initiative
OPA Quality Family Planning Guidelines/Contraceptive Measures

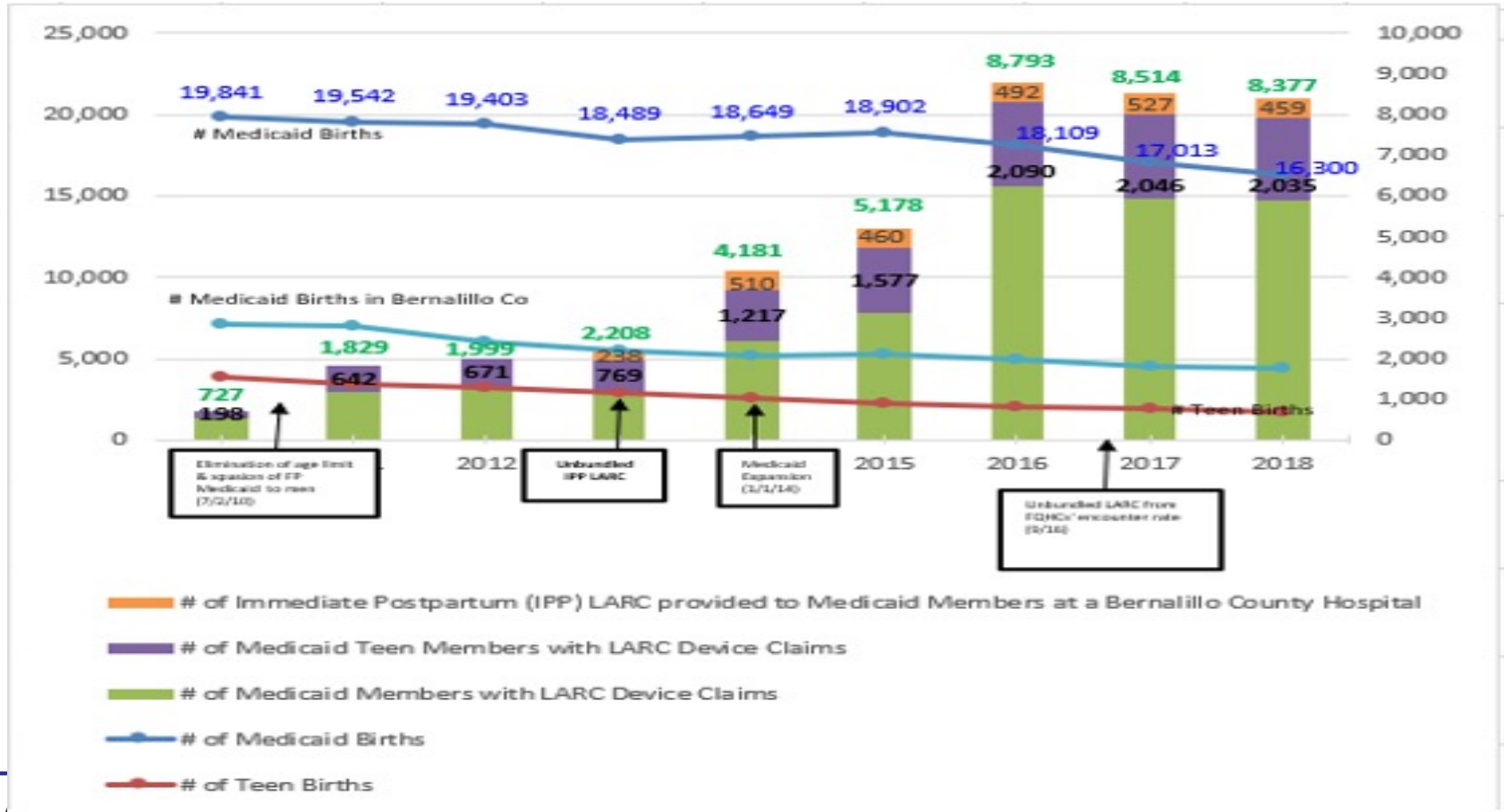
CMMI SIM Initiative

CDC Teen Pregnancy Winnable Battle
HRSA/MCHB CoIIN Preconception and Interconception Strategy

CDC 6|18

Created by Dr. Kristin Rankin, University of Illinois at Chicago for the ASTHO Access to Contraception Learning Community

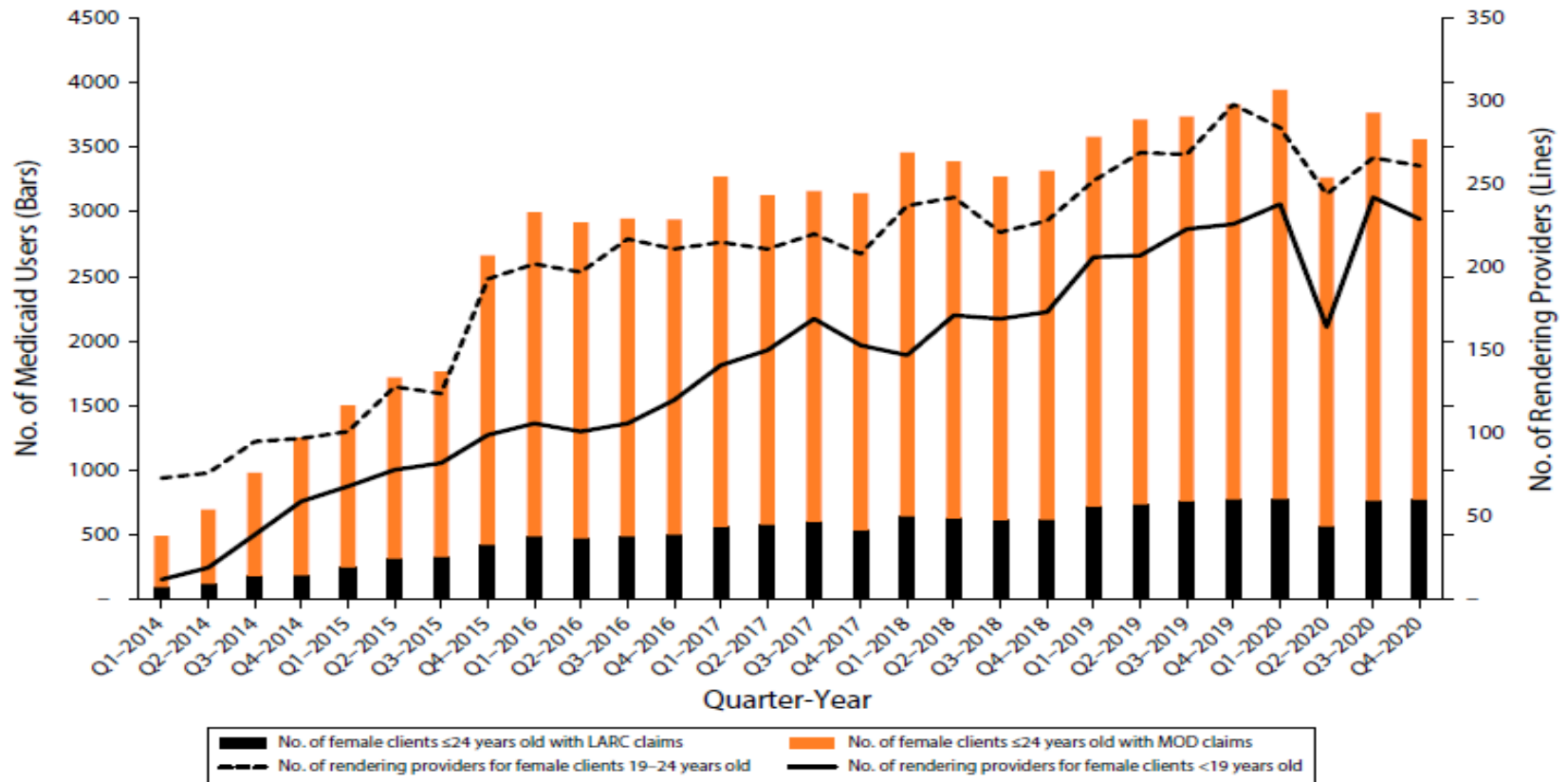
NM Medicaid Policy Changes, 2010-2018



New Mexico Strategies, 2014-2020

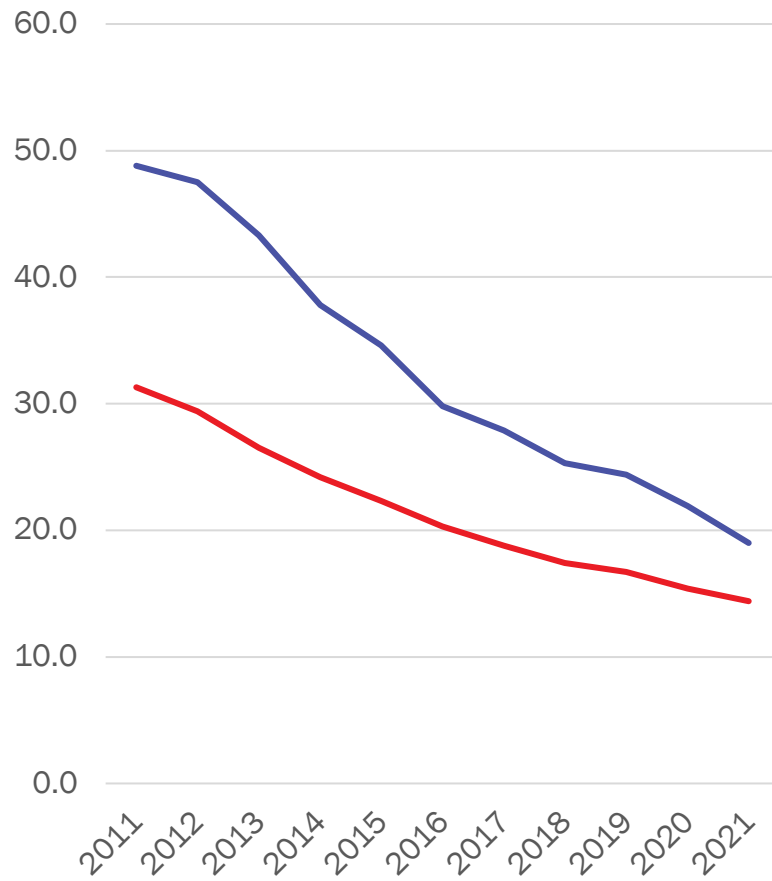
- 1. Provision of low- or no-cost contraception** in 60 Title X clinics statewide, including 30 NMDOH public health clinics
- 2. Provider training and technical assistance** – launched in December 2016
 - LARC Mentoring Program (LMP)
 - Virtual reproductive health clinic using the Extension for Community Healthcare Outcomes (ECHO) model
- 3. Public awareness campaigns:** October 2016 – June 2019
- 4. Policy changes:** multiple, examples are
 - Medicaid family planning expansion via SPA (decades), Medicaid expansion (began in 2014), Codifying the Affordable Care Act contraceptive coverage provision

NM Medicaid: Adolescents & Young Female Clients (≤ 24) – bar graph & Providers – line graph, 2014-2020, quarterly

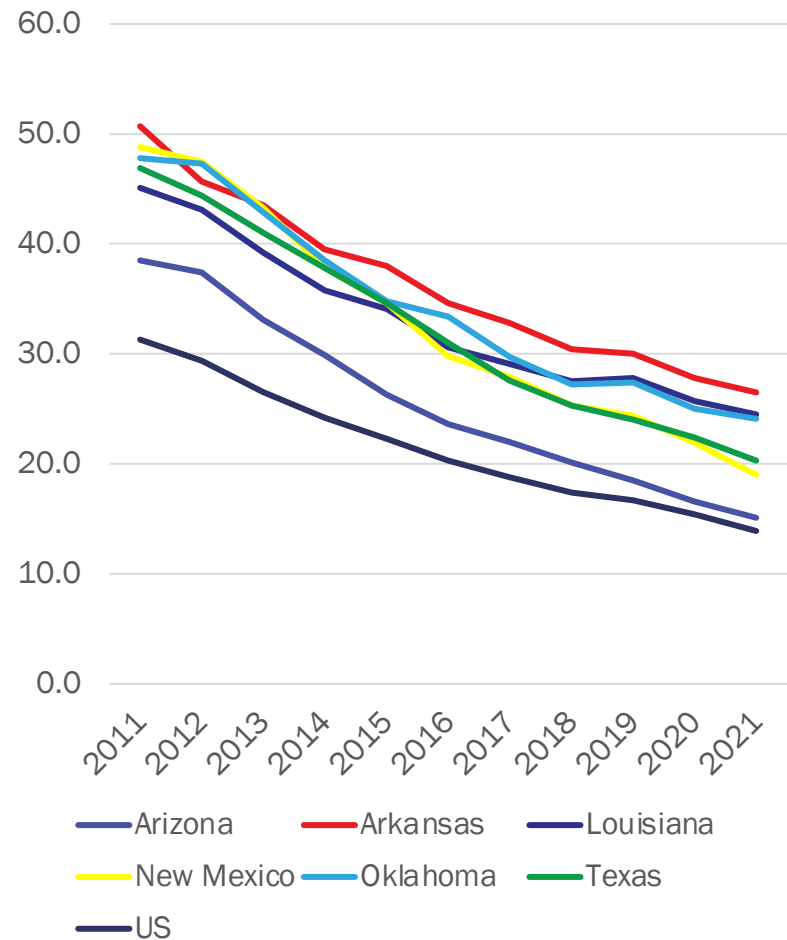


Teen Birth Rate (TBR), 15-19

NM vs. US



NM vs. SW states & US



NM Pregnancy Risk Assessment and Monitoring System (PRAMS)

