



NIHCM
FOUNDATION

It's OK Not to Be OK: Physician Burnout and Mental Health

SPEAKER BIOGRAPHIES

(In order of appearance on the program)

KATHRYN SANTORO, MA is Director of Programming at the National Institute for Health Care Management (NIHCM) Foundation, a nonprofit and nonpartisan organization dedicated to transforming health care through evidence and collaboration. Ms. Santoro currently leads NIHCM's programs to highlight market and policy innovations, including webinars and Capitol Hill briefings, and directs the organization's journalism and population health programs.

Ms. Santoro joined NIHCM Foundation in September 2004 after receiving her Master's degree in Public Policy from George Washington University with a focus on women's health policy. Ms. Santoro previously served as a Project Consultant for Women in Government where she was responsible for compiling a state-by-state report card on access to cervical cancer screening. While pursuing her Master's degree, Ms. Santoro was a Communications Assistant for a health policy consulting firm and a Graduate Intern for a Washington, D.C. based women's and children's policy research organization. Ms. Santoro attended Villanova University in Villanova, PA and graduated with a BA cum laude in Political Science.

Donald M. Berwick, MD, MPP, FRCP, KBE is President Emeritus and Senior Fellow at the Institute for Healthcare Improvement (IHI), an organization he co-founded and led as President and CEO for 19 years. He is one of the nation's leading authorities on health care quality and improvement. In July, 2010, President Obama appointed Dr. Berwick to the position of Administrator of the Centers for Medicare & Medicaid Services (CMS), which he held until December, 2011. A pediatrician by background, Dr. Berwick has served as Clinical Professor of Pediatrics and Health Care Policy at the Harvard Medical School, Professor of Health Policy and Management at the Harvard School of Public Health, and as a member of the staffs of Boston Children's Hospital, Massachusetts General Hospital, and the Brigham and Women's Hospital. He has also served as vice chair of the US Preventive Services Task Force, the first "Independent Member" of the Board of Trustees of the American Hospital Association, and chair of the National Advisory Council of the Agency for Healthcare Research and Quality. He is an elected member of the American Philosophical Society, the American Academy of Arts and Sciences, and the National Academy of Medicine (NAM, formerly the Institute of Medicine, or IOM). Dr. Berwick served two terms on the IOM's governing Council, was a member of the IOM's Global Health Board, and currently chairs the NAM Board on Health Care Services. He served on President Clinton's Advisory Commission on Consumer Protection and Quality in the Healthcare Industry. His numerous awards include the 2007 William B. Graham Prize for Health Services Research, the 2006 John M. Eisenberg

Patient Safety and Quality Award, and the 2007 Heinz Award for Public Policy. In 2005, he was appointed Honourary Knight Commander of the British Empire by Her Majesty Queen Elizabeth II, the highest honor in the UK for non-UK citizens. He is the author or co-author of more than 200 scientific articles and six books. He also currently serves as Lecturer in the Department of Health Care Policy at Harvard Medical School.

Mona Masood, D.O. is board certified in general adult psychiatry, Dr. Masood is an outpatient psychiatrist in the greater Philadelphia area and a Board Member of a non-profit community mental health organization, Muslim Wellness Foundation, which provides mental health educational services to the community. Dr. Masood is the Founder and Chief Organizer of the Physician Support Line.

Thomas Leyden, MBA has over 25 years of health care experience in a variety of areas including clinical program development and practice transformation, value-based reimbursement, and performance improvement consulting. As Director of Blue Cross Blue Shield of Michigan's award-winning Value Partnerships program, he oversees a portfolio of over 50 statewide quality improvement programs that is tied to over a half billion dollars in annual value-based reimbursement opportunities for Michigan's physician and hospital community.

Through the Value Partnerships Program, BCBSM works collaboratively with Michigan's acute-care hospitals and with 20,000 primary care physicians and specialists. Value Partnerships was designed to engage the Michigan provider community to create an innovative quality-based approach to reward the transformation of health care via a value-based-reimbursement model. Value Partnerships programs are internationally recognized, having been profiled in over 35 countries on five continents and have received multiple national awards.

Prior to joining Blue Cross in 2007, Tom served as Vice President at MPRO, Michigan's federally designated quality improvement organization. Previously Tom worked as a consultant for Ernst & Young's Health Care Consulting Division.

Tom has presented on a wide variety of health care topics at the statewide, national and international level for forums as diverse as the Agency for Healthcare Research and Quality, American Hospital Association, Centers for Medicare & Medicaid Services, Healthcare Financial Management Association, International Consortium for Health Outcomes Measurement, National Institute for Health Care Management and Robert Wood Johnson Foundation, among others. In addition, Tom has been published in peer reviewed literature and served on a variety of state and national committees and advisory groups.

Tom was the national recipient of the Primary Care Community Leadership award from the Primary Care Collaborative in 2020.

Mr. Leyden received his BA from Michigan State University and his MBA from Wayne State University.