



**NIHCM**  
FOUNDATION

## **Food Insecurity and Health: Strategies to Address Community Needs**

### SPEAKER BIOGRAPHIES

(In order of appearance on the program)

**Caitlin Ellis, MPA**, is the Director of Research Programs for the National Institute for Health Care Management (NIHCM) Foundation in Washington, D.C. In this role, Ms. Ellis conducts research and analysis to inform and improve management strategies for health care leaders in the public and private sector. She also provides support for NIHCM's broad programming portfolio, including webinars, events, grants and awards. Ms. Ellis works across a wide range of topics, including the opioid crisis and mental health, rural health, and maternal and child health. Prior to joining NIHCM, Ms. Ellis held several political and nonprofit internships and fellowships. Originally from California, Ms. Ellis received her Master's in Public Affairs with a concentration in Policy Analysis from the School of Public and Environmental Affairs at Indiana University, Bloomington, and she holds a BA in Politics from Willamette University.

**Hilary Seligman, MD, MAS**, is a Professor of Medicine and of Epidemiology and Biostatistics at the University of California San Francisco. She directs the Food Policy, Health, and Hunger Research Program at UCSF's Center for Vulnerable Populations and the CDC's Nutrition and Obesity Policy, Research and Evaluation Network. Her work focuses on food insecurity and its health implications across the life course. She conducts research and policy evaluation focused on food security interventions in health care settings, federal nutrition programs (particularly SNAP), and income-related drivers of food choice. In addition, Dr. Seligman directs UCSF's National Clinician Scholars Program. She is a fellow of the American College of Physicians.

**Matt Habash** became executive director of Mid-Ohio Foodbank in 1984. Prior to that, Matt was with the St. Stephen's Community House, first as a youth worker and then as the assistant to the executive director. Matt also was a member of Columbus City Council from 1993 to 2006, serving as Council President from 1999 to 2006. As Council President, Matt governed with civility and humanity. Co-Chair with Columbus Mayor Michael B. Coleman, Matt led the 21st Century Growth initiative, a plan designed to balance job creation with sustainable neighborhood development. Other efforts spearheaded by Matt in his role as Council President was the 315 Research Corridor, the

City's Indoor Clean Air Act and the City's Bike Path Plan. He holds a Master of Business Administration from Xavier University, a Master of Public Policy from The Ohio State University, and a Bachelor of Arts in philosophy from Xavier University.

In 2020, Mid-Ohio Foodbank celebrated its 40th anniversary and became Mid-Ohio Food Collective. The five assets of MOFC—Mid-Ohio Foodbank, Mid-Ohio Farm, Mid-Ohio Market, Mid-Ohio Pharmacy, and Mid-Ohio Kitchen—work together to address the social determinants of health that place, and often keep, people in poverty. Under Matt's leadership, MOFC will continue to help food-insecure communities thrive.

Matt takes an active leadership role in the community, having served on numerous boards and has received numerous awards, recognizing his commitment and work in serving those most vulnerable.

**Lance Chrisman**, Executive Director, Elevance Health Foundation. Since 2007, Lance Chrisman has served as executive director of the Elevance Health Foundation overseeing the company's social responsibility strategy.

In this role, Lance leads the Foundation's mission to advance health equity by improving the health of the socially vulnerable through strategic partnerships with programs in our communities that focus on maternal child health, food as medicine, and substance use disorder. In addition, he oversees Foundation grants and the company's associate community engagement programs, and chairs the board of Elevance Health Cares, Inc., the organization's 501(c)(3) public charity.

Lance has more than 20 years of experience working with corporate foundations. Prior to joining the Elevance Health Foundation, he served as a director with Verizon Corporation in Dallas, Texas. He developed Verizon's signature cause marketing effort, which strategically aligned all philanthropic activities with the company's financial and operational objectives. He also managed Verizon's contribution process, executive and employee volunteer efforts, constituency relations, and community activities at the national, regional, and local levels.

Lance received his bachelor's degree in Business Administration from Huntington University in Indiana.