

How Do Tiered Networks Affect Patient Choices?

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Outline

- Introduction and Background
- Massachusetts Group Insurance Commission (GIC) Tiered Physician Networks
- Impact of tiered networks on GIC patient choice of physician
- Conclusions and Implications

What are tiered provider networks?

- Reflect the lessons learned from the managed care backlash and recent advances in provider profiling
- Insurers sort providers into tiers based on cost-efficiency and quality performance measures
- Patient financial incentive to seek care from providers in top tiers while maintaining consumer choice
- Threat of switching may affect provider behavior in ways that are consistent with payer objectives

Mechanism works through information and/or price

- Evidence on patient response to quality information is mixed
- Influence of copay differences likely different than formularies because physicians are different than prescription drugs
- Early results suggest some consumer response to tiering when price differences are large
- Survey in MA suggested low consumer awareness and use of physician tiering in 2008

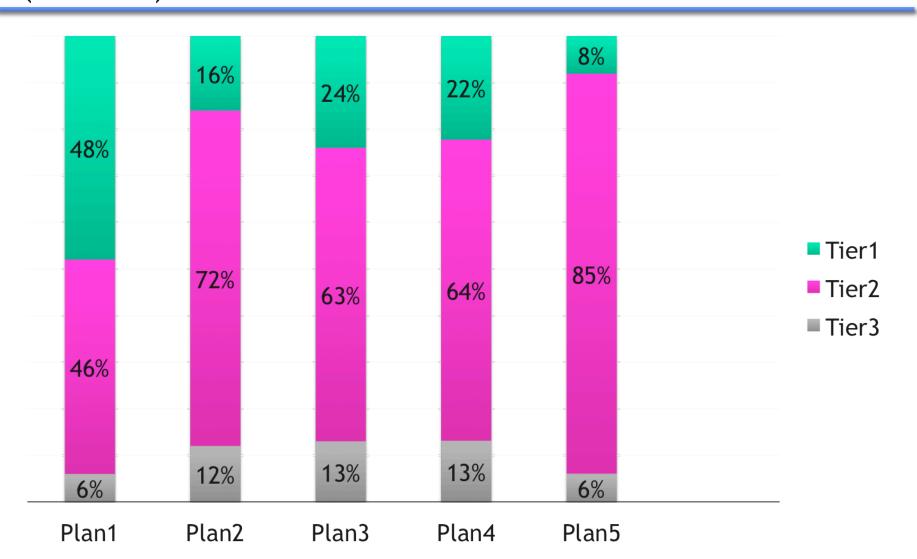
Massachusetts Group Insurance Commission (GIC) Physician Tiering Initiatives in FY2009-10

- Assigning physician tier rankings based on quality performance first and then efficiency
- 3-tiered model with thresholds of approximately 20% of physicians in the top tier, 65% classified in the middle, and 15% assigned to the bottom tier
- Co-payment differences across tiers typically \$10-\$35 in FY2009 (\$10 higher at all levels in FY2010)

Tiered Specialties

| | Plan 1 | Plan 2 | Plan 3 | Plan 4 | Plan 5 |
|---------------------|--------|--------|--------|--------|--------|
| Cardiology | X | X | X | X | Х |
| Endocrinology | X | X | X | X | X |
| Gastroenterology | X | X | X | X | X |
| OB/GYN | X | X | X | X | X |
| Orthopedic Surgery | X | X | X | X | X |
| Rheumatology | x | X | X | X | x |
| | | | | | |
| Allergy/Immunology | X | X | | | |
| Dermatology | X | X | X | X | |
| General Surgery | X | X | X | | |
| Hematology/Oncology | X | | | | |
| Internal Medicine | X | | | X | X |
| Nephrology | X | | | | |
| Neurology | X | X | X | | |
| Opthamology | X | X | X | | |
| Otolaryngology | X | X | X | X | |
| Pediatrics | X | | | | |
| Pulmonary Diseases | X | | | | |
| Urology | X | | | | |

Allocation of physicians across GIC tiered networks (FY2009)



Source: GIC Administrative Claims, FY2009

What is the effect of tier-rankings...

- On a physician's market share of new GIC patient visits?
- On the percent of a physician's existing GIC patients who switch to other physicians?

Tiering had an impact on GIC patient selection of new physicians

Predicted market share of new patients All doctors(1) Top tier 0.57% Average tier 0.57% Bottom tier 0.50%* Relative decrease "Specialist" Physicians in a physician's 0.64% market share of Top tier 0.63% Average tier 11% -12% 0.56%* Bottom tier "Usual Care" Physicians Top tier 0.34% Average tier 0.35% **Bottom tier** 0.33% (1) N=15,401

Physician Loyalty results

- We observed no effect of a physician's tier-ranking on whether his patients returned to for another visit or switched away
- Patients were equally loyal to specialists as they were to their "usual care" physicians

Limitations

- Early evidence long run implications remain to be seen
- Results may not generalize to tiered networks that impose larger copayment differences across physicians or that tier hospitals

Conclusions

- Significant loyalty to physicians seen previously -- in contrast to prescription drugs
- The effect of tiering may be at the lower end of the distribution rather than moving patients to the "best" performers

Key Take-Aways

- New (and unknown) physicians are more likely to be viewed by patients as substitutable
- Choosing a provider or a health plan is complicated for patients - tiered networks can be one element of this process
- It will be important to understand whether patient response to tiering of hospitals is different
- Patient shifts may ultimately be constrained by capacity making provider response to tiering increasingly important