



NIHCM
FOUNDATION

The Science of Happiness, Health & Well-being During COVID-19

Webinar Agenda
May 1, 2020

2:00 p.m. – 3:00 p.m. ET
1:00 p.m. – 2:00 p.m. CT
12:00 p.m. – 1:00 p.m. MT
11:00 a.m. – 12:00 p.m. PT

- 2:00-2:05** **Welcome**
- *Kathryn Santoro, MA, Director of Programming, NIHCM Foundation*
- 2:05-2:20** **The Science of Happiness, Health, and Well-being during COVID-19**
- *Donald M. Berwick, MD, MPP, President Emeritus and Senior Fellow, Institute for Healthcare Improvement; Former Administrator, Centers for Medicare and Medicaid Services*
- 2:20-2:35** **The Science of Happiness**
- *Emiliana R. Simon-Thomas, Ph.D., Science Director, Greater Good Science Center, UC Berkeley*
- 2:35-2:50** **Addressing Isolation and Loneliness: A Payer View**
- *Kelli Tice Wells, MD, Senior Medical Director, Medical Affairs, Florida Blue*
- 2:50-3:00** **Question & Answers**