



**NIHCM**  
FOUNDATION

**COVID-19 and Mental Health in the Workplace:  
Solutions for Employers and Employees**

**Webinar Agenda**  
October 19, 2020

1:00 p.m. - 2:00 p.m. ET  
12:00 p.m. - 1:00 p.m. CT  
11:00 a.m. - 12:00 p.m. MT  
10:00 a.m. - 11:00 a.m. PT

- 1:00-1:05**      **Welcome**
- *Cait Ellis, Program Manager, NIHCM Foundation*
- 1:05-1:20**      **Overview and background of mental health and how COVID is increasing mental health issues**
- *Dr. Kathleen Pike, Professor of Psychology; Director, Columbia University Global Mental Health Program*
- 1:20-1:35**      **What a health plan/large employer is doing to help employees and members with mental health during COVID-19 and beyond**
- *Brad Lerner, Health Policy Director, Anthem*
- 1:35-1:50**      **Community based mental health solutions focused on the Black community**
- *Yolo Akili Robinson, Founder and CEO, BEAM*
- 1:50-2:00**      **Audience Questions & Answers**