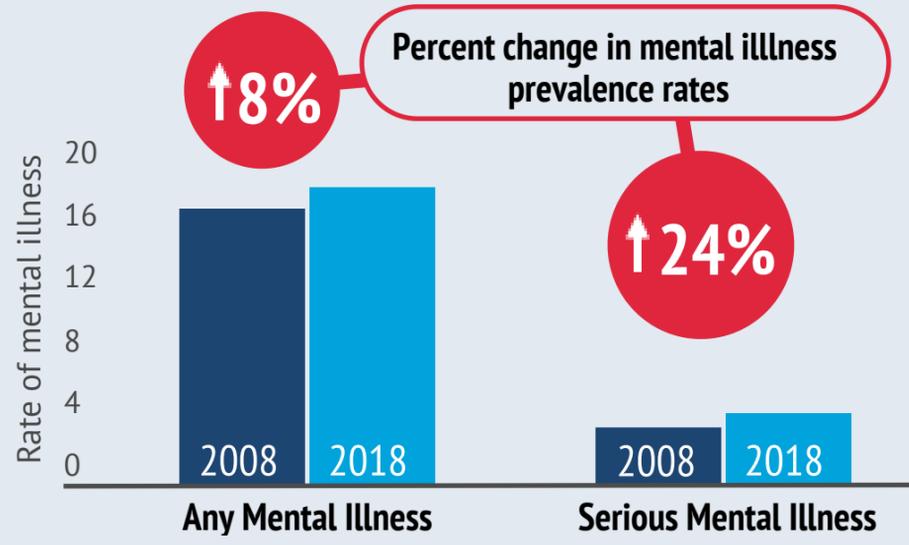
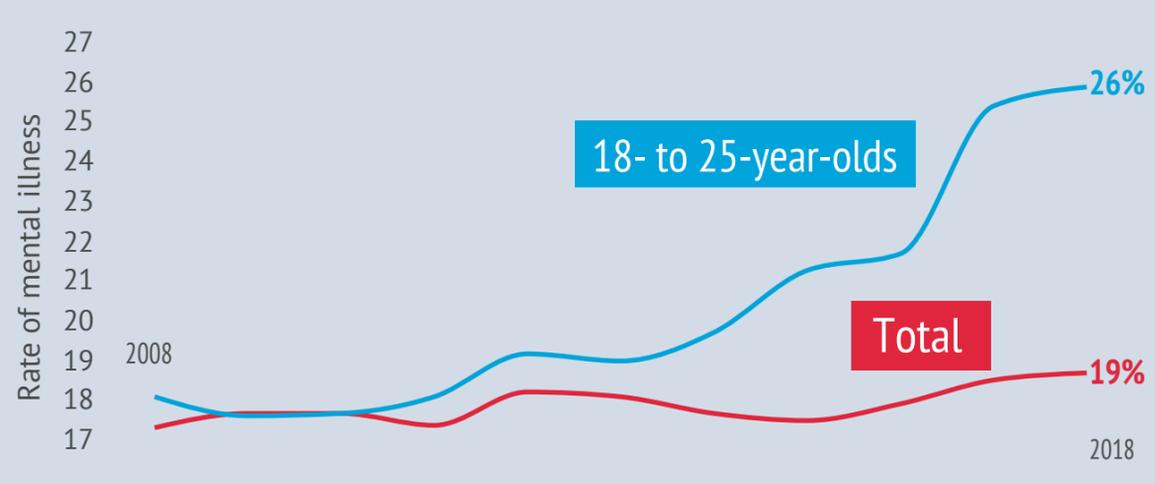


Mental illness impacts a large portion of the population and the problem is growing

In any given year, **1 in 5 adults** has a mental illness - impacting not only those **47.6M people** but also their family, friends, colleagues & communities.



The overall growth is largely driven by higher rates of mental illness in 18- to 25-year-olds



Mental illness and chronic illness often co-occur, complicating the treatment for both



Over **1/2 of U.S. adults** with a behavioral health disorder have at least **4 chronic diseases**, which can include:

- HYPERTENSION
- TYPE 2 DIABETES
- HEART DISEASE
- STROKE



People with **both chronic illness and behavioral health conditions** have costs **2-3x** higher than those with only chronic illness.

Evidence-based treatments are available, but there is no "one-size-fits-all" approach

People respond differently to therapies:

- PRESCRIPTION MEDICATION
- PSYCHOTHERAPY
- COMPLEMENTARY STRATEGIES

Social determinants impact treatment so new approaches seek to meet diverse needs

Social factors influence:

- Risk of mental illness
- Feasibility of treatment
- Response to treatment

Efforts to expand treatment options:

- COLLABORATIVE CARE
- PEER SUPPORT SERVICES
- TELEHEALTH

Addressing treatment gaps will be key as the disparity in demand and supply widens

Today, treatment gaps persist due to stigma and difficulty accessing treatment



Closing treatment gaps will require solutions to address workforce shortages

35% of Americans live in a Mental Health Professional Shortage Area

